

Date of Collection: 2017/09/27
Time of Collection: 12:00AM

Date of Receipt: 2017/09/29
Reported On: 2017/10/18

TruMed

Food Sensitivity Test

Healthcare Professional
Dr. John Smith
1234 Imagination Road

Age: 31
Date of Birth: 1985/12/20
Gender: Female



reactivity

NORMAL

The upper limit for assigning **Normal** status varies by antigen.

BORDERLINE

The upper and lower limits for assigning **Borderline** status vary by antigen.

ELEVATED

The lower limit for assigning **Elevated** status varies by antigen.

Dairy / Egg

0 Alpha-Lactalbumin (whey)
72 Egg White
32 Milk (Goat)

0 Beta-Lactoglobulin (whey)
8 Egg Yolk
31 Milk (Sheep)

67 Casein
91 Milk (Cow)

Grains

47 Barley
9 Oat
22 Wheat Bran

29 Durum Wheat
25 Rye

87 Gliadin
54 Wheat

Grains (Gluten-Free)

1 Buckwheat
50 Rice

48 Corn

0 Millet

Fruit

3 Apple
4 Banana
7 Cherry
6 Grapefruit
15 Lime
3 Olive
5 Pear
10 Raspberry

1 Apricot
6 Black Currant
9 Cranberry
3 Kiwi
4 Melon (Galia/Honeydew)
14 Orange
2 Pineapple
4 Strawberry

3 Avocado
8 Blackberry
5 Grape (Black/Red/White)
3 Lemon
1 Nectarine
3 Peach
25 Plum

Vegetables

0 Asparagus
7 Broccoli

1 Beet
7 Brussels Sprout

5 Bell Peppers
23 Cabbage (Savoy/White)

Vegetables

15	Carrot	1	Cauliflower	11	Celery
2	Chicory	7	Cucumber	1	Eggplant
2	Leek	2	Lettuce	4	Onion
42	Potato	3	Spinach	1	Tomato

Fish / Seafood

5	Cod	3	Crab	10	Haddock
5	Herring	3	Lobster	2	Mackerel
22	Mussel	53	Oyster	4	Plaice
1	Salmon	22	Scallop	3	Shrimp/Prawn
4	Sole	0	Swordfish	1	Trout
8	Tuna	0	Turbot		

Meat

3	Beef	2	Chicken	0	Duck
3	Lamb	3	Pork	0	Turkey
4	Veal	3	Venison		

Herbs / Spices

3	Basil	2	Cinnamon	0	Clove
0	Coriander (Leaf)	0	Cumin	2	Dill
4	Garlic	7	Ginger	5	Hops
1	Mint	16	Mustard Seed	11	Nutmeg
0	Parsley	0	Peppercorn (Black/White)	6	Red Chili Pepper
1	Sage	0	Thyme	0	Vanilla

Nuts / Seeds / Legumes

38	Almond	1	Bean (Green)	25	Bean (Red Kidney)
9	Bean (White Haricot)	16	Brazil Nut	0	Canola
16	Cashew Nut	1	Coconut	21	Hazelnut
5	Lentil	40	Pea	22	Peanut
33	Pistachio	0	Sesame Seed	4	Soy Bean
14	Sunflower Seed	8	Walnut		

Miscellaneous

5	Cane Sugar	3	Carob	3	Cocoa Bean
3	Coffee	2	Mushroom	2	Tea (Black)
0	Tea (Green)	59	Yeast (Baker's)	58	Yeast (Brewer's)